

The Rainbow

PUB & DINING

Starters

- Prawn Cocktail (GF) •

King Prawn, Avocado, Iceberg Lettuce, Lemon & Parsley Mayonaise - 7.5

- Buffalo Chicken Wings •

Marinated Crispy Chicken Wings & Homemade Buffalo Sauce - 10

- Buffalo Cauliflower Wings (V/VG/GF) •

Marinated Crispy Cauliflower Wings & Homemade Buffalo Sauce - 8

- Garlic Bread (V) •

Ciabatta with Homemade Garlic Butter - 4.5

Add Cheese - 5 • Add Cheese & Red Onion Chutney - 5.5

- Tod Mun Pla - Thai Fishcakes (GF) •

Authentic Homemade Thai Fishcakes made with Fresh Fish & Prawns, Served with Sweet Chilli Dipping Sauce - 7.5

- This Weeks Soup (V/VG/GF*) •

Please ask your server for details on this weeks soup, served with 1/2 Ciabatta (*please specify if vegan/gluten free) - 5.5

Canvery

- Choice of Locally Sourced Meats & All The Trimmings •

Choose from 2 meats from Topside Beef, Turkey Crown or Glazed Gammon, Yorkshire Pudding, Roast Potatoes, Stuffing, Parsnips, Carrots, Peas, Green Beans, Cauliflower Cheese, and Red Cabbage - 16.95

Make it a large and add another meat & an extra yorkshire pudding - 19.95

- Beetroot & Butternut Squash Wellington (V/VG) •

Roast Potatoes, Parsnips, Green Beans, Cauliflower Cheese, and Red Cabbage 15.95

Whilst we make every effort to make sure our food is prepared in a safe manner, all food is cooked in a kitchen where nuts, seafood & other allergy & intolerance related produce are present. Whilst we ensure all bones are removed from all produce, we cannot guarantee this is always possible. If you or any other member of your party suffer from any serious allergies or intolerances, please make your server aware, & we will endeavour to work with this.

The Rainbow

PUB & DINING

Other Sunday Mains

• Fish & Chips •

Harveys Beer Battered Haddock, Chunky Chips, Pea Puree & Tartare Sauce - 15.5

• Short Rib Beef Burgers •

A simple double (1/4lb total weight) smashburger with homemade burger sauce, shredded lettuce, diced onion, Heinz Ketchup & French's Mustard & Seasoned Fries - 14

Add Double American Cheese - 15.5

Add Smoked Bacon & Double American Cheese - 17

• Thai Red Curry (GF) •

Homemade Authentic Style Hot Thai Curry, with a typical Thai kick, Made with Creamy Coconut Milk, Served with Steamed Jasmine Rice. Available with Chicken, Prawns or Vegetables. (please note it contains fish sauce & shrimp paste)

Prawn - 17.5 • Chicken - 16.5 • Vegetable - 15.5

• Unbeetable Burger (V) •

Homemade Beetroot Burger with a blend of Chickpeas & Oats, Caramelised Red Onion Chutney & Seasoned Fries - 14

Please ask your server for childrens menu

Whilst we make every effort to make sure our food is prepared in a safe manner, all food is cooked in a kitchen where nuts, seafood & other allergy & intolerance related produce are present. Whilst we ensure all bones are removed from all produce, we cannot guarantee this is always possible. If you or any other member of your party suffer from any serious allergies or intolerances, please make your server aware, & we will endeavour to work with this.

The Rainbow

PUB & DINING

Desserts

- Sticky Toffee Pudding (V) •

Homemade Sticky Toffee Pudding, Vanilla Ice Cream & Toffee Sauce - 7.5

- Poached Pear & Raspberry Sorbet (V/VG/GF) •

Homemade Poached Pear with Raspberry Sorbet - 7.5

- Chocolate Fondant (V) •

Homemade Chocolate Fondant with Chocolate Caramel Centre - 7.5

- Salted Caramel Biscoff Cheesecake (V) •

Homemade Salted Caramel Cheesecake with a Biscoff Base - 7.5

- Ice Creams & Sorbets (V/GF) •

Choose from Vanilla, Chocolate, Strawberry & Other Flavour Ice Creams or Lemon, Mango & Raspberry Sorbets - price per scoop - 2

Coffees & Hot Beverages

Please ask your server

Whilst we make every effort to make sure our food is prepared in a safe manner, all food is cooked in a kitchen where nuts, seafood & other allergy & intolerance related produce are present. Whilst we ensure all bones are removed from all produce, we cannot guarantee this is always possible. If you or any other member of your party suffer from any serious allergies or intolerances, please make your server aware, & we will endeavour to work with this.